# Karen Crow, MA, LPC-Intern Supervised by Patti Doumany, MEd, LPC-S, RPT-S Crossroads Child & Family Counseling, PLLC 3550 Parkwood Blvd. Suite 4090, Frisco, TX 75034 940-300-1706

### **GENERAL INTAKE INFORMATION**

|  | Today's Date:   |
|--|---|
| Child's Name:                          |   |
| Guardian(s): (Who child is living with |   |
| Referred by:                           |   |
| Child's date of birth:                 | Age: Gender: M F  |
| Home Address:street                    | city zip  |
| May we communicate with you by ma      | ail at this address?  |
| Preferred guardian contact:            |   |
| Home Phone #:                          | Cell Phone:   |
| Work Phone:                            | May we contact you at Work? Y N                                   |
| May we leave you a message? Home       | e phone: Cell phone: Work phone:                                  |
|  | ph.#ent to contact this person in the rare case of an emergency.) |
| School child is attending:             | Grade:  |
| Main Teacher:                          | Current School Grades:  |
| Is your child receiving special educat | ion or other special services at school? Y N                      |
| If yes, please explain.                |   |
| Date of Last Physical: F               | Primary Care Physician:   |
| Current diagnosis or medical concer    | าร:   |
| Please list all current medications an | d dosages:  |
| your child experience any developme    | ental delays in the following areas? (Circle)                     |
| Physical: N Y Speech: N Y              | Y Social: N Y Emotional: N Y                                      |
| Briefly describe why you are seeking   | counseling for your child:  |

How would you rate the intensity of the problem or concern? 1 2 6 7 8 9 10 **Past Counseling History:** Length of Service Agency and Therapist Providing Service Date Child's current household: \_\_\_ Mother only Natural parents \_\_\_ Father only \_\_\_ Relatives \_\_\_ Foster family \_\_\_\_ Adoptive parents Natural father and stepmother \_\_\_\_ Natural mother and stepfather Other Primary Household (anyone currently living with child) Name Age Gender Relationship Who in your family is your child closest to? Most distant from? \_\_\_\_\_ In most conflict with? \_\_\_\_\_ Does your child sleep in his/her own bed? Y Please describe your child's sleeping patterns, bedtime behaviors: Please describe your child' eating habits: Υ Ν If yes, please describe: Does your child exhibit any fears? Has your child had any behavioral or emotional difficulties? (Even if they are no longer affecting him/her) Y N If yes, please describe: Has your child ever experienced any traumatic situations? Y N If yes, please explain:

| Has your child ever talked about hurting or killing himself/herself or another person?  Please describe:  |
|---|
| Has your child ever used or abused medication, illegal drugs, or alcohol? Y N   |
| Please check and describe any past, present, or anticipated circumstances in your family.   |
| □ Divorce   |
| Please note that no services will be provided to your child until a copy of the divorce decreed or most recent court ordered parenting plan is provided and reviewed. |
| ☐ Custody litigation  |
| Please note that no services will be provided to your child until a copy of the most recent court ordered parenting plan is provided and reviewed.                    |
| □ Serious illness   |
| ☐ Legal problems  |
| ☐ Relocations   |
| ☐ Psychiatric disorders   |
| ☐ Eating disorders  |
| ☐ Physical/sexual abuse   |
| ☐ Attempted/completed suicide   |
| ☐ Alcohol/drug abuse  |
| ☐ Grief or significant loss   |
| □ Depression  |
| □ ADHD/ADD  |
| Other Helpful Information:  |
|   |

## **INFORMATION ON CHILD'S MOTHER**

| First Name  | MI               |                  | Last                      |
|---|------------------|------------------|---------------------------|
| biological mothers  | stepmother _     | adopted          | mother                    |
| Address (If not living with child)                              |                  |                  |                           |
| Date of birthC  | Occupation       |                  |                           |
| Workdays and hours  |                  |                  |                           |
| Would you describe your work as a                               | stressful? Y     | N                |                           |
| Religious background:   |                  |                  |                           |
| Spiritual beliefs:  |                  |                  |                           |
| History of learning, emotional, or b                            | ehavioral proble | ems? Y           | N (If yes, pleaseexplain) |
| History of alcohol/drug/substance a                             | abuse? Y         | N (If yes, )     | olease explain)           |
| History of domestic violence?                                   | Y N (If          | yes, please ex   | cplain)                   |
| Current living arrangements:                                    |                  |                  |                           |
| Family of origin  | Relatives        | s                | ingle                     |
| MarriedF  | Roommate/Sign    | ificant other(s) |                           |
| Marital Status History (include all t                           | that apply and c | luration of eac  | h) Never married          |
| Married to Separat  | ed to _          | Divorce          | dWidowed                  |
| Married to Separat  | ed to _          | Divorce          | dWidowed                  |
| Did you have experiences that felt or beyond? (please describe) | _                |                  | _                         |
| Please tell about any losses or de                              | aths in your fan | nily:            |                           |
| Do any of these experiences come                                | to your mind re  | egularly now?    |                           |
| Who are your major resources of s                               | support now?     |                  |                           |

## **INFORMATION ON CHILD'S FATHER**

| First Name   |                            | Las                        | t                   |
|--|----------------------------|----------------------------|---------------------|
| biological father  | stepfather                 | adopted father             |                     |
| Address (If not living with child                          | ·)                         |                            | ·                   |
| Date of birth  | Occupation                 |                            |                     |
| Workdays and hours   |                            |                            |                     |
| Would you describe your work a                             | s stressful? Y             | N                          |                     |
| Religious background:                                      |                            |                            |                     |
| Spiritual beliefs:   |                            |                            |                     |
| History of learning, emotional, o                          | r behavioral problen       | ns? Y N (If y              | es, please explain) |
| History of alcohol/drug/substan                            | ce abuse? Y                | N (If yes, please          | explain)            |
| History of domestic violence?                              | Y N (If                    | yes, please explain)       |                     |
| Current living arrangements:                               | Polotivoo                  | Singlo                     |                     |
| Family of origin<br>Married                                | Relatives<br>Roommate/Sign | Single<br>ificant other(s) |                     |
|  |                            | , ,                        | . ,                 |
| Marital Status History (include                            |                            |                            |                     |
| Married to Sepa  |                            |                            |                     |
| Married to Sepa  | arated to _                | Divorced                   | Widowed             |
| Did you have experiences that or beyond? (please describe) | _                          | _                          | _                   |
| Please tell about any losses or                            | deaths in your fan         | nily:                      |                     |
| Do any of these experiences of                             | ome to your mind r         | egularly now?              |                     |
| Who are your major resources                               | of support now?_           |                            |                     |
| General Intake Form comp                                   | leted by:                  |                            |                     |
| Parent/Guardian Signature                                  |                            | Dat                        | e:                  |
| Parent/Guardian Signature                                  |                            | Dat                        | re:                 |

# Karen Crow, MA, LPC-Intern Supervised by Patti Doumany, MEd, LPC-S, RPT-S Crossroads Child & Family Counseling, PLLC

3550 Parkwood Blvd. Suite 401, Frisco, TX 75034 940-300-1706

# PROFESSIONAL DISCLOSURE STATEMENT AND CONSENT FOR TREATMENT

#### **Professional Disclosure Statement**

**Professional Information:** Karen Crow is a Licensed Professional Counselor Intern and is supervised by Patti Doumany, Med, LPC-S, RPT-S. Karen completed her Master's of Arts in Professional Counseling at Liberty University in 2016.

In her graduate program, Karen completed her internship at Mosaic Family Services where she worked with children and adults who were survivors of human rights violations. This included but was not limited to victims of domestic violence, human trafficking, and sex crimes. It was there that Karen gained experience with counseling adults and children who had experienced trauma, attachment issues, intimacy issues, anxiety, depression, and divorce. She also gained experience with children with special needs, aggression issues, fearfulness, and a history of self-harm. In addition, Karen earned her practicum hours at the Dallas Meditation Center where she gained experience with teens and substance abuse recovery. Her bachelor's degree is in nursing, and Karen likes to include that education in a holistic approach to counseling by focusing on mind, body, and spirit.

Karen is also a member of the American Counseling Association.

#### Philosophy of Counseling:

Counseling can be a scary next step for both children and parents, and it is my goal to create primarily a safe and welcoming environment for both children and their parents to get their needs met. I like to partner with parents, caregivers, and teachers on how best to serve the child I will be building a therapeutic relationship with. Problems and issues are many times symptoms of the hurt that children have faced, and I would love the opportunity to work as a team to help heal those wounds. I accomplish this by using a non-directive, client centered approach with elements of Gestalt therapy, Cognitive-Behavioral Therapy, Family Systems Theory, and Attachment Theory.

#### **Informed Consent**

**Emergency/Crisis:** Please know that Crossroads Child & Family Counseling, PLLC does not provide a 24-hour crisis counseling service. Should you experience an emergency necessitating immediate mental health attention, call 9-1-1 or go to the nearest emergency room for assistance.

**Counseling Relationship:** During the course of counseling, you and/or your child will meet with Karen for approximately 45-minute sessions. Although sessions may be psychologically intimate, the relationship between client and therapist is professional. Please do not ask me to relate to you in any way other than the professional context of counseling sessions.

**Effects of Counseling:** At any time, you may initiate a discussion of possible positive or negative effects of entering, not entering, continuing, or discounting counseling. While benefits are expected from counseling, specific results are not guaranteed. Counseling is a process of personal exploration and may lead to major changes in your life perspectives and decisions. These changes may affect significant relationships, your job, and/or your understanding of

yourself. Some of these life changes could be temporarily distressing. The exact nature of these changes cannot be predicted. Together we will work to achieve the best possible results for you.

#### **Clients Rights**

Some clients need only a few counseling sessions to achieve their goals; others may require months or even years. As a client, you are in complete control and may end our counseling relationship at any time, though I do ask that you participate in a termination session. You also have the right to refuse or discuss modification of any counseling techniques or suggestions that you believe might be harmful. You are assured that counseling services will be rendered in a professional manner consistent with accepted legal and ethical standards as stipulated by the Texas State Board of Examiners of Licensed Professional Counselors and the HIPAA security and privacy rules. If at any time, for any reason you are dissatisfied with the services at Crossroad Child & Family Counseling PLLC, please let me know so that existing issues can be worked through. If someone is not available to resolve your concerns, you may report your complaint.

**Referrals:** Should you and/or Karen believe that a referral is needed; you will be provided with some alternatives, including programs and/or people who may be available to assist you. Also, should you miss two appointments concurrently for whatever reason; a referral will also be provided. You will be responsible for contacting and evaluating those referrals and/or alternatives.

**Fees:** In return for a fee of \$90 per session, Crossroads Child & Family Counseling, PLLC agrees to provide counseling services for you. The original intake session is \$120. The fee for each session will be due at the conclusion of each session.

The rate for all related counseling services, including but not limited to, time incurred due to phone calls over 5 minutes, medical concerns, psychiatric concerns, home and family social studies, child protective service cases, adoption and foster care, issues of divorce, child custody, attorney consultations, educational concerns, behavioral concerns, ARD meetings, classroom observations, interactions with insurance providers, etc., will be billed at \$90 per hour in 15 minute increments. In the case of off-site services, fee includes travel time to and from Crossroads Child & Family PLLC. Checks are payable to, "Crossroads Child & Family Counseling, PLLC." You may also pay by M/C or Visa.

CANCELLATION POLICY: In the event you are unable to keep an appointment, please give notification of 24 hours or more. IF A CANCELLATION OCCURS WITHOUT A 24 HOUR NOTICE OR YOU FAIL TO KEEP YOUR SCHEDULED APPOINTMENT, A REGULAR SESSION FEE WILL BE BILLED TO YOUR CREDIT CARD OR BILLED TO YOU. All returned checks will incur a \$25.00 return-check fee. A 5% fee will incur for all credit cards that are declined. If you are absent two weeks in a row without contacting me, you will be provided with other referral sources for further counseling. Likewise, if you are absent three sessions in a row, even with contact, you will provided with other referral sources for a continuation of counseling at a different facility. If you do, at any time, intend to discontinue counseling, please inform me as soon as possible so that other clients can be serviced.

Records and Confidentiality: Discussions between a therapist and a client are confidential. No information will be released without the client's written consent unless mandated or permitted by law. Possible exceptions to confidentiality include but are not limited to the following situations: child abuse; abuse of the elderly or disabled; abuse of patients in treatment facilities; sexual exploitation; AIDS/HIV and other communicable disease infection and possible transmission; court orders, criminal prosecutions; child custody cases; suits in which the mental health of a party is in issue; situations where the therapist has a duty to disclose, or where, in the therapist's judgment, it is necessary to warn, protect, notify or disclose; sexual exploitation by a mental health professional or member of the clergy, fee disputes between the therapist and the client; a negligence suit brought by the client against

the therapist; the filing of a complaint with a licensing board or other state or federal regulatory authority; to regulatory authorities in connection with their compliance or investigatory responsibilities; to employees or agents of the practice for operational purposes, to a supervisor if the therapist is under supervision and for treatment consultations with other mental health professional when deemed necessary by the therapist. FOR FURTHER INFORMATION REVIEW THE NOTICE OF PRIVACY PRACTICES FURNISHED TO YOU BY YOUR THERAPIST IN CONJUNCTION WITH THIS CLIENT INFORMATION AND CONSENT DOCUMENT. By signing this Intake and consent form below you acknowledge receipt of a copy of the Notice of Privacy Practices. If you have any questions regarding confidentiality, you should bring them to the attention of the therapist when you and the therapist discuss this matter further. By signing this information and consent form below, you are giving your consent to the undersigned therapist to share confidential information with all persons mandated or permitted by law, with the agency that referred you and the managed care company and/or insurance carrier responsible for providing your mental health care services and payment for those services, and you are also releasing and holding harmless the undersigned therapist for any departure from your right of confidentiality that may result.

#### Duty to Warn

In the event that the undersigned therapist reasonably believes that you are a danger, physically or emotionally, to yourself or another person, by singing this information and consent form below, you specifically consent for the therapist to warn the person in danger and to contact any person in position to prevent harm to yourself or another person, in addition to medical and law enforcement personnel, and the following persons:

| NAME | TELEPHONE NUMBER |
|------|------------------|
|      |                  |
|      |                  |
|      |                  |

This information is to be provided at your request for use by said persons **only** to prevent harm to yourself or another person. This authorization shall expire upon the termination of your therapy with the undersigned therapist.

You acknowledge that you have the right to revoke this authorization in writing at any time to the extent the undersigned therapist has not taken action in reliance on this authorization. You further acknowledge that even if you revoke this authorization, the use and disclosure of your protected health information could possibly still be permitted by law as indicated in the copy of the Notice of Privacy Practices of the undersigned therapist that you have received and reviewed.

You acknowledge that you have been advised by the undersigned therapist of the potential of the redisclosure of your protected health information by the authorized recipients and that it will no longer be protected by the federal Privacy Rule.

You further acknowledge that the treatment provided to you by the undersigned therapist was conditioned on you providing this authorization.

Should you or an entity through your signature, request a copy of you or your child's counseling records, please be aware that a \$50.00 record preparation fee will be incurred and a "Release of Records" form must be signed. An overall counseling summary, in lieu of records, may also be provided. A fee of \$50 per 15 minutes is charged for preparation time. If records are subpoenaed, this does not indicate an automatic release of records and is at liberty to be quashed should it be deemed not in the client's best interest. To further protect your

Confidentiality, if I see you in public, I will only acknowledge you if you approach me first.

**Court:** It is in your best interest to know that conducting expert witness/testimonial service is not in my area of interest or expertise. I do <u>not</u> agree to serve as an expert witness or to provide

testimonial services for you, and you agree not to cause my services to be used in this way. If you are seeking counseling for court or court-related purposes or motivations, I will provide you with alternative appropriate referral sources. Should you, your attorney, your spouse or exspouses attorney, subpoena me or your client file as a factual case witness, or involve me in court-related proceedings, you agree to pay \$300.00 for every hour of my time involved, including case preparation, travel, witness time, and any wait time related to a court-related process. You further agree to pay a retainer fee of \$2,400.00 at the time a subpoena is served, to be applied toward these charges. If a subpoena is issued for me, it will be turned over to an attorney, and I will consult with an attorney as necessary at your expense. A bill will be rendered to you for immediate payment when a subpoena is issued.

If you have a suspicion that your case will be going to court, or you will need therapist testimony, please let me know before a counseling relationship is established, and appropriate referral sources will be provided to you.

Please note: 24 hour advanced notice is required if a cancellation occurs related to a court process, including dismissal of case. If a 24-hour notification is not made, a fee of \$2,400 will be billed. (8 hrs. @ \$300 per hour)

#### **Child Counseling/Play Therapy**

Play Therapy Logistics: If a divorce or custody suit has occurred, a copy of the entire divorce decree or court ordered parenting plan, whichever is most current, must be provided before service can be provided. It is our policy to involve both parents in the child's treatment from the onset of services. In most cases services will not be provided until such time as the both parents have been contacted and invited to participate in the child's treatment. Furthermore, it is helpful that the therapist is apprised of other existing important documentation, such as other court orders, mental health evaluations, etc.

For play therapy, sometimes it may be necessary to end the session early depending upon the following circumstances: the nature of the cleanliness of the playroom, the child's ability to leave when the session is over, a situation where play therapy could no longer continue (e.g., child gets sick, child breaks several toys, child chooses to leave and not return, etc.), and the need for a parent consultation. Because the session may need to end early at times, please be sure to remain in the waiting room for most of the session. If you choose to leave the waiting area, please notify Karen Crow before the session begins.

Children in the playroom are not asked to clean the room following the session. The reason for this is as follows: If play is a child's language and toys are the child's words; having a child clean up the play room following the session would be analogous to asking the child to clean up his/her emotional world. It would be similar to having an adult take back everything he/she said at the end of the counseling session. This is a unique stipulation to play therapy. Please know we are not advocating this action for other circumstances—only play therapy. When the child greets you in the waiting room following the counseling session, it is best not to ask questions, such as "Did you have fun?" While playing is a natural, pleasurable activity for the child, children in play therapy are involved in playing out problems and emotional struggle and, therefore, at times "playing" may not be so enjoyable. Furthermore, when asked what the child did in play therapy, the child will typically respond, "I played". This would be similar to asking an adult in counseling what he or she did in the session—"We talked".

Before your child attends play therapy, please take him/her to the bathroom. Play therapy can often be very emotional freeing, causing the child sometimes to have to use the bathroom during therapy. It is helpful if the child goes to the restroom before the session begins. Also, if your child is coming from school and is hungry, please give him/her a snack before therapy starts. Only in rare circumstances will food be provided for a child in play therapy. In such a situation, this will be discussed with the caregiver and added to the treatment plan. Please know that the playroom has a variety of media that can be messy (e.g., easel paints, water-color paints, Play-Doh, clay, water, sand, etc.). Please dress your child in clothes that can tolerate mess or possible stains should the child spill paint on him/her. Also, if your child is allergic to any substance that falls into this realm, it is your responsibility to let the play therapist know so that appropriate modifications can be made for your child.

**Email and Text Messages:** The undersigned therapist uses and responds to email and text messages only to arrange or modify appointments. Please do not send emails related to treatment or therapy sessions as electronic communications are not completely secure and confidential. **Any therapy related questions or issues will not be addressed by the therapist in any electronic communication but will be dealt with during the next therapy session.** Any electronic transmissions of information by you are retained in the logs of your service providers. While it is unlikely that someone will be looking at these logs, they are, in theory, available to be read by the system administrator(s) of the service providers. You should know that any emails or texts received from you and any responses sent will become part of the therapy record.

**Social Media:** Your therapist does not accept friend or contact requests from current or former clients on any social networking sites. Adding clients as friends or contacts on these sites can compromise confidentiality and privacy of both the therapist and the client. It can blur the boundaries of the professional relationship and are not permitted. Any attempt by a client to surreptiously gain access to the therapist's personal site(s) will be cause for termination of the therapy.

Therapist's Incapacity or Death: You acknowledge that, in the event the undersigned therapist becomes incapacitated or dies, it will become necessary for another therapist to take possession of your's and child's file and records. By signing this information and consent form below, you give consent to allowing another licensed mental health professional selected by the undersigned therapist to take possession of each file and records and provide you with copies upon request, or to deliver them to a therapist of your choice. The undersigned therapist will select a successor therapist within a reasonable time and will notify the appointed licensed mental health professional.

**Video or Audio Recordings:** You acknowledge and, by signing this information and consent form below, agree that neither you or the undersigned therapist will record any part of your sessions unless you and the therapist mutually agree in writing that the session may be recorded. You further acknowledge that the undersigned therapist objects to you recording any portion of your sessions without the therapist's written consent.

**Defamation:** By signing this intake and consent form below you agree that you will not make defamatory comments about the undersigned therapist to others or to post defamatory commentary about the therapist on any website or social media site. In the event that defamatory remarks about the therapist are made by you, or others acting in concert with you, you further consent by signing this intake and consent form below to allowing the therapist to use confidential information necessary to rebut or defend against, or prosecute claims for, the defamation.

Parental Involvement: Parental involvement is crucial when counseling children. Karen will meet with you on a regular basis to exchange feedback concerning your child. Most situations require a parent to schedule a parent consultation or family session about every four weeks. (Regular session fees apply.) To better facilitate the play therapy process, a Weekly Child Report form is to be completed and brought to each session. Please make several copies of this form. If you have a specific question or concern that cannot wait until your next parent consultation, please include your question on the Weekly Report Form and Karen will respond as soon as possible. Feedback provided to parents/guardians will include overall play themes for your child. To protect the child's confidentiality and ensure a therapeutic alliance with your child, discussion on specific play behaviors will not be discussed. However, most certainly at times, it will be necessary to discuss specific play behaviors and what this may mean for your child.

# PROFESSIONAL DISCLOSURE STATEMENT AND CONSENT FOR TREATMENT

#### **Professional Disclosure Statement**

By my signature below, I acknowledge reading and understanding this document, and that any questions I had about this document were answered to my satisfaction, and that I was furnished a copy of this document. My signature below acknowledges my agreement with and commitment to comply with all its terms and requirements including the financial obligations and cancelation policy, and my consent for Karen Crow, MA, LPC-Intern: Supervised by Patti Doumany, MEd, LPC-S, RPT-S to provide counseling or play therapy services to me and/or my child.

| Client / Guardian Signature | Date |
|-----------------------------|------|
|                             |      |
| Counselors Signature        | Date |

Updated January 1, 2017

Client Copy

# Karen Crow, MA, LPC-Intern Supervised by Patti Doumany, MEd, LPC-S, RPT-S Crossroads Child & Family Counseling, PLLC

3550 Parkwood Blvd. Suite 401, Frisco, TX 75034 940-300-1706

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| LPC-S, RPT-S to provide counseling or play therapy service | s to me and/or my child. |
|--|--------------------------|
| Client / Guardian Signature                                | Date                     |
| Counselor's Signature                                      | Date                     |
|  |                          |

Updated January 1, 2017

Karen Crow's Copy

# Karen Crow, MA, LPC-Intern Supervised by Patti Doumany, MEd, LPC-S, RPT-S Crossroads Child & Family Counseling, PLLC 3550 Parkwood Blvd. Suite 401, Frisco, TX 75034 940-300-1706

### COURT TESTIMONY AGREEMENT

| Karen Crow, MA, LPC-Intern<br>Supervised by Patti Doumany, MEd, LPC-S, RPT-S   | Date   |
|--|--|
|  | Date   |
| Client's Signature:  |  |
| By your signature below, you are indicating that you read and document, or that any questions you had about this document we satisfaction.   |  |
| It is in your best interest to know that conducting expert witnes not in my area of interest or expertise. I do not agree to serve as provide testimonial services for you, and you agree not to cause in this way. If you are seeking counseling for court or court-related motivations, I will provide you with alternative appropriate referral your attorney, your spouse or ex-spouses attorney, or any other gour client file as a factual case witness, or involve me in court-reagree to pay me \$300.00 for every hour of my time involved, inclutravel, witness time, and any wait time related to a court-related pagree to pay a retainer fee of \$2,400.00 at the time a subpoena is toward these charges. If a subpoena is issued for me, it will be tu attorney, and I will consult with an attorney as necessary at your rendered to you for immediate payment when a subpoena is issuelf you have a suspicion that your case will be going to court, or you testimony, please let me know before a counseling relationship is appropriate referral sources will be provided to you.  Please note: 24 hour advanced notice is required if a cancellation court process, including dismissal of case. If a 24-hour notification \$2,400 will be billed. (8 hrs. @ \$300 per hour) | an expert witness or to<br>my services to be used<br>d purposes or<br>l sources. Should you,<br>person subpoena me o<br>elated proceedings, you<br>uding case preparation<br>process. You further<br>is served, to be applied<br>rined over to an<br>expense. A bill will be<br>ed.<br>ou will need therapist<br>is established, and |
| I have been requested by Karen Crow, MA, LPC-Intern: S Doumany, MEd, LPC-S, RPT-S to provide the most recent court packild.  |  |
| I am <u>NOT</u> seeking counseling for court testimony or court of Karen Crow, MA, LPC-Intern: Supervised by Patti Doumany, M  |  |
| I am seeking counseling for court testimony or court involved and Crow, MA, LPC-Intern: Supervised by Patti Doumany, MEd   |  |
|  | 1 1  |

# Karen Crow, MA, LPC-Intern Supervised by Patti Doumany, MEd, LPC-S, RPT-S Crossroads Child & Family Counseling, PLLC 3550 Parkwood Blvd. Suite 401, Frisco, TX 75034 940-300-1706

### CONSENT FOR DISCLOSURE OF INFORMATION

| l,,  | hereby provide authorization for Karen      | Crow, MA, LPC-Intern  |
|--|---|---|
| Supervised by Patti Doumany, MEd, LPC  | C-S, RPT-S, to obtain and /or provide th    | e following information:                                      |
| To / From  | To / From                                   |   |
| The following  | parties/agencies                            |   |
| Agency Name  | Crossroads Child & Far                      | nily Counseling, PLLC   |
| Contact Name   | Karen Crow, MA, LPC-I<br>Patti Doumany, MEd |   |
| Address  | 3550 Parkwood Blvd. S                       | uite 401  |
| City, State, Zip Code  | Frisco, TX 75034                            |   |
| Fax #  | _   |   |
| Phone #  | _   |   |
| time to the extent a provider has n<br>acknowledge the potential of redis<br>authorized recipients and that it w | closure of my protected health in           | authorization. I<br>formation by the<br>federal Privacy Rule. |
| Client   |   | Date  |
| Parent/Guardian  |   | Date  |
| Karen Crow MA. I PC-Intern: Supervised by  |   | <br>Date  |

# Karen Crow, MA, LPC-Intern Supervised by Patti Doumany, MEd, LPC-S, RPT-S Crossroads Child & Family Counseling, PLLC 3550 Parkwood Blvd. Suite 401, Frisco, TX 75034 940-300-1706

### CONSENT FOR DISCLOSURE OF INFORMATION / SCHOOL

| l,   | hereby provide authorization for                |
|--|---|
| Karen Crow, MA, LPC-Intern: Supervised by Pa<br>and/or provide the following information concer  |   |
| (child's name)   |   |
| (child's date of birth)  |   |
| Consultation with school personnel reg   | arding academic, social, behavioral, and mental |
| health observations.   |   |
| Special Education Records  |   |
| Discipline Records   |   |
| <b>To / From</b><br>The following pa   | To / From<br>rties/agencies:                    |
| School Name  | Crossroads Child & Family Counseling, PLLC      |
| Contact Name   | Karen Crow, MA, LPC-Intern: Supervised by       |
| Address  | Patti Doumany, MEd, LPC-S, RPT-S                |
| City, State, Zip Code  | 3550 Parkwood Blvd. Suite 401                   |
| Fax #  | Frisco, TX 75034                                |
| Phone #  |   |
| time to the extent a provider has not taken ac<br>acknowledge the potential of redisclosure of<br>authorized recipients and that it will no long | my protected health information by the          |
| Parent/Guardian  | Date  |
| Karen Crow, MA., LPC-Intern Supervised by Patti Doumai   | ny, MEd, LPC-S, RPT-S Date                      |

# Karen Crow, MA, LPC-Intern Supervised by Patti Doumany, MEd, LPC-S, RPT-S Crossroads Child & Family Counseling, PLLC 3550 Parkwood Blvd. Suite 401, Frisco, TX 75034 940-300-1706

## Informed Consent To Videotape - Parent

My signature below confirms that conditions of my consent to be videotaped have been explained to me, and I understand the following:

| I understand viewing of the tape is for the sole purpose supervision, and/or training. Only my child's first name will be the contents of the tape will remain confidential within the edusite. | e used, or will not be mentioned;  |
|---|------------------------------------|
| I can withdraw my permission at any time during or aft child's access to counseling services will not be affected by my videotaping.  |                                    |
| The tape will be erased or destroyed upon completion of supervisory and/or training review of this session.   | f the professional development,    |
| The original copy of this consent form will be kept in n Child & Family Counseling, PLLC.   | ny child's records with Crossroads |
| or:I do not want my child's sessions to be videotaped and have counseling sessions recorded.  | nd I am under no obligation to     |
| Signature of Client   | Date                               |
| Signature of Parent/Guardian if Client isunder 18   | Date                               |
| Signature of Therapist  | <br>Date                           |

### **Crossroads Child & Family Counseling, PLLC**

### CREDIT CARD AUTHORIZATION FORM

# Authorizing form granting Crossroads Child & Family Counseling PLLC permission to process credit/debit charges

The security of your personal information is extremely important. Crossroads Child & Family Counseling, PLLC is committed to protecting the security and privacy of any personal information you provide, including any financial information. Please inquire of any questions concerning this authorization.

| Client Names                                  | 1                                      |                                    | 2  |   |
|---|--|------------------------------------|--|---|
|   |  |                                    |  |   |
| Please read all Acceptable form               | below:                                 |                                    | debit card, or credit                      |   |
| My ini  | tials below indicat                    | te the following                   | g:   |   |
|   | Initial here if yo                     | ou would like t                    | to pay session fees                        | with your credit or debit card.   |
|   | be compensated show up for or c        | for missed app<br>ancel at least 2 | ointments of which<br>4 hours before the t | Child & Family Counseling, PLLC to<br>the client/s named above did now<br>time of the appointment. Missed<br>standard rate of \$90 per session. |
|   | Initial here if yo                     | ou would like                      | to pay session fees                        | by check  |
| •   | e all of the inform<br>f card (circle) | ation below VISA                   | MC   | AMX   |
| Exact r                                       | name on card                           |                                    |  |   |
| Numbe   | r on card                              |                                    |  |   |
| Expirat                                       | ion Date                               |                                    | C\   | /C  |
| Billing                                       | address                                |                                    |  |   |
|   |  | City                               | State                                      | Zip Code  |
| credit/debit ca<br>above.<br>My signature bel | rd number provid                       | ed below to pro                    | ocess charges/fees a                       | nily Counseling, PLLC to use my ssigned to any named individual listed comply with the terms and  |
| Signature                                     |  |                                    | Da   | te  |

#### Notice of Privacy Practices of Crossroads Child & Family Counseling, PLLC

Effective January 1, 2015

# THIS NOTICE DESCRIBES HOW MENTAL HEALTH INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

I am required by law to maintain the privacy of your protected health information (PHI) and to provide you with notice of your privacy rights and my legal duties and privacy practices with respect to your PHI. I am required to abide by the terms of this notice with respect to your PHI but reserve the right to change the terms of this notice and make the new notice provisions effective for all PHI that I maintain. I will provide you with a copy of the revised notice sent by regular mail to the last address you have provided to me for this communication purpose.

#### UNDERSTANDING YOUR PERSONAL HEALTH INFORMATION

Each time you visit a hospital, physician, mental health professional or other health care provider, a record of your visit is made. Typically, this record contains your symptoms, examination and test results, diagnoses, treatment, in the case of a mental health professional, psychotherapy notes, and a plan for future care or treatment. This information, often referred to as your health or medical record, serves as a:

- •Basis for planning your care and treatment.
- •Means of communication among the many health professionals who contribute to your care.
- Legal document describing the care you received.
- •Means by which you or a third-party payer can verify that services billed were actually provided a tool in educating heath professionals.
- •A source of data for medical research.
- A source of information for public health officials charged with improving the health of the nation a source of data for facility planning and marketing.
- •A tool with which we can assess and continually work to improve the care we render and the outcomes we achieve.

Understanding what is in your record and how your health information is used helps you to:

- ·Ensure its accuracy.
- Better understand who, what, when, where, and why others may access your health information.
- •Make more informed decisions when authorizing disclosure to others.

#### YOUR HEALTH INFORMATION RIGHTS

Although your health record is the physical property of my practice, the facility that compiled it, the information belongs to you. You have the following privacy rights:

- 1. The right to request restrictions on the use and disclosure of your PHI to carry out treatment, payment or health care operations.
  - You should note that I am not required to agree to be bound by any restrictions that you request but am bound by each restriction that I do agree to.
- 2.In connection with any patient directory, the right to request restrictions on the use and disclosure of your name, location at this treatment facility, description of your condition and your religious affiliation. (I do not maintain a patient directory.)
- 3.To receive confidential communication of your PHI unless I determine that such disclosure would be harmful to you.
- 4.To inspect and copy your PHI unless I determine in the exercise of my professional judgment that the access requested is reasonably likely to endanger your life or physical safety (Note: if state law allows, "emotional safety" may be included as well) or that of another person.
  - You may request copies of your PHI by providing me with a written request for such copies. I will provide you with copies within ten (10) business days of your request at my office. You will be charged \$.25 for each page copied and you will be expected to pay for the copies at the time you pick them up.
- 5.To amend your PHI upon your written request to me setting forth your reasons for the requested amendment. I have the right to deny the request if the information is complete or has been created by another entity.
  - I am required to act on your request to amend your PHI within sixty (60) days but this deadline may be extended for another thirty (30) days upon written notice to you. If I deny your requested amendment I will provide you with written notice of my decision and the basis for my decision. You will then have the right to submit a written statement disagreeing with my decision which will be maintained with your PHI. If you do not wish to submit a statement of disagreement you may request that I provide your request for amendment and my denial with any future disclosures of your PHI.

- 6.Upon request to receive an accounting of disclosures of your PHI made within the past 6 years of your request for an accounting. Disclosures that are exempted from the accounting requirement include the following:
- •Disclosures necessary to carry out treatment, payment and health care operations.
- •Disclosures made to you upon request.
- •Disclosures made pursuant to your authorization.
- •Disclosures made for national security or intelligence purposes.
- •Permitted disclosures to correctional institutions or law enforcement officials.
- •Disclosures that are part of a limited data set used for research, public health or health care operations.

I am required to act on your request for an accounting within sixty (60) days but this deadline may be extended for another thirty (30) days upon written notice to you of the reason for the delay and the date by which I will provide the accounting. You are entitled to one (1) accounting in any twelve (12) month period free of charge. For any subsequent request in a twelve (12) month period you will be charged \$\_\_\_\_\_\_ for each page copied and you will be expected to pay for the copies at the time you pick them up.

- 7. To receive a paper copy of this privacy notice even if you agreed to receive a copy electronically.
- 8. To pay out-of-pocket for a service and the right to require that I not submit PHI to your health plan.
- 9. To be notified of a breach of your unsecured PHI.
- 10. If your records are electronically maintained, the right to receive a copy of your PHI in an electronic format and to direct in writing that a third party receive a copy of your PHI in an electronic format.
- 11. The right to complain to me and to the Secretary of the U.S. Department of Health and Human Services (HHS) if you believe your privacy rights have been violated. You may submit your complaint to me in writing setting out the alleged violation. I am prohibited by law from retaliating against you in any way for filing a complaint with me or HHS.

#### Uses and Disclosures

Your written authorization is required before I can use or disclose my psychotherapy notes which are defined as my notes documenting or analyzing the contents of our conversations during our counseling sessions and that are separated from the rest of your clinical file. Psychotherapy notes do not include medication prescription and monitoring, counseling session start and stop times, the modalities and frequencies of treatment furnished, results of clinical tests and any summary of the following items: diagnosis, functional status, the treatment plan, symptoms, prognosis and progress to date.

It is my policy to protect the confidentiality of your PHI to the best of my ability and to the extent permitted by law. There are times however, when use or disclosure of your PHI including, psychotherapy notes, is permitted or mandated by law even without your authorization.

Situations where I am not required to obtain your consent or authorization for use or disclosure of your PHI psychotherapy notes include the following circumstances:

•By myself or my office staff for treatment, payment or health care operations as they relate to you.

For example: Information obtained by me will be recorded in your record and used to determine the course of treatment that should work best for you. I will document in your record our work together and when appropriate I will provide a subsequent counselor or health care provider with copies of various reports that should assist him or her in treating you once we have terminated our therapeutic relationship.

For example: A bill may be sent to you or a third-party payer. The information on or accompanying the bill may include information that identifies you, as well as your diagnosis, procedures, and supplies used.

- •In the event of an emergency to any treatment provider who provides emergency treatment to you.
- •To defend myself in a legal action or other proceeding brought by you against me.
- •When required by the Secretary of the Department of Health and Human Services in an investigation to determine my compliance with the privacy rules.
- •When required by law in so far as the use or disclosure complies with and is limited to the relevant requirements of such law.

#### Examples:

To a public health authority or other government authority authorized by law to receive reports of child abuse or neglect.

If I reasonably believe an adult individual to be the victim of abuse, neglect or domestic violence, to a governmental authority, including a social services agency authorized by law to receive such reports to the extent the disclosure is required by or authorized by law or you agree to the disclosure and I believe that in the exercise of my professional judgment disclosure is necessary to prevent serious harm to you or other potential victims. If I make such a report I am obligated to inform you unless I believe informing the adult individual will place the individual at risk of serious injury.

In the course of any judicial or administrative proceeding in response to:

•An order of a court or administrative tribunal so long as only the PHI expressly authorized by such order is disclosed, or

- •A subpoena, discovery request or other lawful process, that is not accompanied by an order of a court or administrative tribunal so long as reasonable efforts are made to give you notice that your PHI has been requested or reasonable efforts are made to secure a qualified protective order, by the person requesting the PHI.
- •Child custody cases and other legal proceedings in which your mental health or condition is an issue are the kinds of suits in which you PHI may be requested.
- •In addition I may use your PHI in connection with a suit to collect fees for my services.
- •In compliance with a court order or court ordered warrant, or a subpoena or summons issued by a judicial officer, a grand jury subpoena or summons, a civil or an authorized investigative demand or similar process authorized by law provided that the information sought is relevant and material to a legitimate law enforcement inquiry, the request is specific and limited in scope to the extent reasonably practicable in light of the purpose for which the information is sought and deidentified information could not reasonably be used.
- •To a health oversight agency for oversight activities authorized by law as they may relate to me (i.e., audits; civil, criminal or administrative investigations, inspections, licensure or disciplinary actions; civil, administrative, or criminal proceedings or actions).
- •To a coroner or medical examiner for the purpose of identifying a deceased person, determining a cause of death, or other duties as authorized by law.
- •To funeral directors consistent with applicable law as necessary to carry out their duties with respect to the decedent.
- •To the extent authorized by and the extent necessary to comply with laws relating to workers compensation or other similar programs established by law.
- •If use or disclosure is necessary to prevent or lessen a serious and imminent threat to the health or safety of a person or the public and the disclosure is made to a person or persons reasonably able to prevent or lessen the threat, including the target of the threat.
- •To a public health authority that is authorized by law to collect or receive such information for the purposes of preventing or controlling a disease, injury or disability, including, but not limited to, the reporting of disease, injury, vital events such as birth, death, and the conduct of public surveillance, public health investigations, and public health interventions.
- •To a person who may have been exposed to a communicable disease or may otherwise be at risk of contracting or spreading a disease or condition, if the covered entity or public health authority is authorized by law to notify such persons as necessary in the conduct of a public health intervention or investigation.
- •To a public health authority or other appropriate governmental authority authorized by law to receive reports of child abuse or neglect.
- •To a law enforcement official if I believe in good faith that the PHI constitutes evidence of criminal conduct that occurs on my premises.
- •Using my best judgment, to a family member, other relative or close personal friend or any other person you identify, I may disclose PHI that is relevant to that person's involvement in your care or payment related to your care.
- •To authorized federal officials for the conduct of lawful intelligence, counter-intelligence, and other national security activities authorized by the National Security Act and implementing authority.
- •To Business Associates under a written agreement requiring Business Associates to protect the information. Business Associates are entities that assist with or conduct activities on my behalf including individuals or organizations that provide legal, accounting, administrative, and similar functions.
- •To family members and others involved in your care prior to your death, unless doing so would be inconsistent with any prior expressed preferences you made known to me, but limited to PHI relevant to the family member or other person's involvement in your care or payment.

I may contact you with appointment reminders or information about treatment alternatives or other health related benefits and services that may be of interest to you.

If you have any questions and would like additional information you should bring this to my attention at the first opportunity. I am the designated Privacy Officer for my practice and will be glad to respond to your questions or request for information.

#### Client Consent Form

I understand that as part of my health care, the undersigned therapist originates and maintains health records describing my health history, symptoms, evaluations and test results, diagnosis, treatment, psychotherapy notes, and any plans for future care or treatment. I understand that this information is utilized to plan my care and treatment, to bill for services provided to me, to communicate with other health care providers and other routine health care operations such as assessing quality and reviewing competence of health care professionals.

The Notice of Privacy Practices for CROSSROADS CHILD & FAMILY COUNSELING, PLLC, provides specific information and a thorough description of how my personal health information may be used and disclosed. I have been provided a copy of or access to the Notice of Privacy Practices and I have been given the opportunity to review the notice prior to signing this consent. Before implementation of any revised Notice of Privacy Practices, the revised Notice will be mailed to me at the address I designate below. I understand that I have the right to restrict the use and/or disclosure of my personal health information for treatment, payment, or health care operations and that I am not required to agree to the restrictions requested. I may revoke this consent at any time in writing except to the extent that CROSSROADS CHILD & FAMILY COUNSELING, PLLC has

already taken action in reliance on my prior consent. This consent is valid until revoked by me in writing.

I request the following restrictions on the use and/or disclosure of my personal health information:

| Therapist response                          | : Agree to restriction/Do not agree to restriction  |                    |
|---|---|--------------------|
| cannot be disclosed was I have been provide | It that any and all records, whether written, oral or in election in the prior written authorization, except as otherwised and have received Karen Crow's MA, LPC-Intern: Sur of Privacy Practices dated January 1, 2015. | e provided by law. |
| Signature of Client or                      | Legal Representative:   |                    |
|   | (Full Name)   | <br>Date           |
| Signature of Client or                      | Legal Representative:   |                    |
|   | (Full Name)   | Date               |
| I request that changes                      | to the Notice of Privacy Practices be sent to me at this ac   | ldress:            |
|   |   |                    |
|   |   |                    |
|   |   |                    |
| Witnessed:                                  |   |                    |
|   | Crossroads Child & Family Counseling, PLLC  | Date               |

# Karen Crow, MA, LPC-Intern Supervised by Patti Doumany, MEd, LPC-S, RPT-S Crossroads Child & Family Counseling, PLLC

3550 Parkwood Blvd. Suite 401, Frisco, TX 75034 940-300-1706

### WEEKLY REPORT

Please make copies of this form and bring completed to each counseling session. Counselor will not discuss child's sessions in the waiting room. Parent consultations are recommended every 4 weeks, but may be scheduled as often as needed. It is the parents/guardians' responsibility to schedule consultations.

| Child's Name:  |           |        |                |         |          | Date:      |            |        |          |          |   |
|--|-----------|--------|----------------|---------|----------|------------|------------|--------|----------|----------|---|
|  |           |        |                |         |          |            |            |        |          |          |   |
| Week Rating of Behavior (1 = NOT stressful compared to last week: 10=VERY stressful compared to last week)   |           |        |                |         |          |            |            |        |          |          |   |
|  | 1         | 2      | 3              | 4       | 5        | 6          | 7          | 8      | 9        | 10       |   |
| 2. Reaso   | on(s) for | choo:  | sing the       | numb    | er abov  | e (i.e., s | specific I | oehavi | ors that | occurred | ) |
| 3. Any new changes/happenings this week (i.e., can be small changes for your child, such as he/she had a sore throat, a parent worked longer hours this week—or can be significant changes for your child, such as a pet dying, car wreck, etc.) |           |        |                |         |          |            |            |        |          |          |   |
| 4. New E   | 3ehavio   | rs Not | iced:          |         |          |            |            |        |          |          |   |
| 5. Medic   | ation:    |        | Not Applicable |         |          |            | No Change  |        |          | Change:  |   |
| 6. Something positive your child did this week that either surprised you or impressed you:   |           |        |                |         |          |            |            |        |          |          |   |
| 7. Other   | Concer    | ns or  | Questio        | ns?     |          |            |            |        |          |          |   |
| 8. I woul  | d like to | sche   | dule a p       | arent o | consulta | tion.      | Y N        | I      |          |          |   |